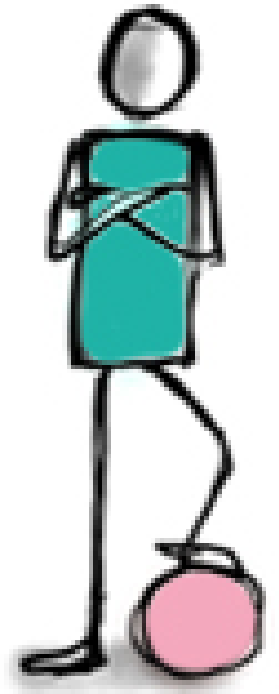


This is a collation of the individual Medium Term Plans that can be found at the end of each Unit of Work.

The 'Key Unit Objectives' follow the Learning Objectives set out in each PE Planning lesson plan.

Each page contains the appropriate EYFS National Curriculum criteria for each sport and illustrates how the PE Planning objectives are linked to National Curriculum requirements.



Key Stage	EYFS	Unit	Ball Skills
<b>Implementation Phase</b>			
<u>National Curriculum Links</u>	<ul style="list-style-type: none"> <li>Plays cooperatively, taking turns with others.</li> <li>Understand and follow rules.</li> <li>Knows the importance for good health of physical exercise and a healthy diet.</li> <li>Handles equipment and tools effectively, including pencils for writing.</li> <li>Shows good control and co-ordination in large and small movements.</li> </ul>		<u>Key Vocabulary</u> <ul style="list-style-type: none"> <li>Collect</li> <li>Ball control</li> <li>Games</li> <li>Bounce</li> <li>Count</li> <li>Hand</li> <li>High</li> <li>Explore</li> <li>Safety</li> <li>Height</li> </ul>
<u>Progression Map Links</u> (Ensure pupils progress & move forward throughout their primary school years)	<ul style="list-style-type: none"> <li>Shows understanding of the need for safety when tackling new challenges and considers and manages some risks when using equipment.</li> <li>Can play in a group, extending and elaborating play ideas within the group.</li> <li>Begins to accept the needs of others and can take turns and share, sometimes with the support of others.</li> <li>Shows increasing control when throwing and catching a large ball.</li> </ul>		<u>Prior Learning Required</u> <p><b><u>EYFS Progression Maps Objectives:</u></b></p> <ul style="list-style-type: none"> <li>N/A</li> </ul>
<u>Key Unit Objectives</u> (Key skills addressed to achieve success throughout the unit)	<ul style="list-style-type: none"> <li>Step 1: To explore a ball</li> <li>Step 2: To move the ball around the body</li> <li>Step 3: To travel with the ball</li> <li>Step 4: To play with others</li> <li>Step 5: To throw a ball</li> </ul>		<u>Resources &amp; Equipment</u> <ul style="list-style-type: none"> <li>Large balls</li> <li>Small balls</li> <li>Beanbags</li> <li>Cones</li> <li>Hoops</li> <li>Marker spots</li> </ul>

Key Stage	EYFS	Unit	Dance
Implementation Phase			
<p><u>National Curriculum Links</u></p>	<ul style="list-style-type: none"> <li>Moves confidently in a range of ways, safely negotiating space.</li> <li>Knows the importance for good health of physical exercise and a healthy diet.</li> <li>Can manage their own basic hygiene and personal needs successfully, including dressing.</li> <li>Confident to try new activities and say why they like some more than others.</li> <li>Work as part of a team.</li> </ul>	<p><u>Key Vocabulary</u></p>	<ul style="list-style-type: none"> <li>Teamwork</li> <li>Create</li> <li>Ideas</li> <li>Beat</li> <li>Movement</li> <li>Music</li> <li>Count</li> <li>Together</li> <li>Counting</li> </ul>
<p><u>Progression Map Links</u> (Ensure pupils progress &amp; move forward throughout their primary school years)</p>	<ul style="list-style-type: none"> <li>Explore and copy basic body actions and rhythms.</li> <li>Negotiate space confidently, using appropriate strategies.</li> <li>Use their bodies to respond to stories, topics, and music.</li> </ul>	<p><u>Prior Learning Required</u></p>	<p><b>EYFS Progression Maps Objectives:</b></p> <ul style="list-style-type: none"> <li>N/A</li> </ul>
<p><u>Key Unit Objectives</u> (Key skills addressed to achieve success throughout the unit)</p>	<ul style="list-style-type: none"> <li>Step 1: To move in different ways</li> <li>Step 2: To copy actions from a teacher</li> <li>Step 3: To move to the music</li> <li>Step 4: To copy actions from a partner</li> <li>Step 5: To create your own actions and movements</li> </ul>	<p><u>Resources &amp; Equipment</u></p>	<ul style="list-style-type: none"> <li>Music player &amp; music</li> <li>Ribbons</li> <li>Hoops</li> <li>Beanbags</li> <li>Marker spots</li> <li>Cones</li> </ul>

Key Stage	EYFS	Unit	Fun and Games
Implementation Phase			
<u>National Curriculum Links</u>	<ul style="list-style-type: none"> <li>Plays cooperatively, taking turns with others.</li> <li>Understand and follow rules.</li> <li>Work as part of a team.</li> <li>Confident to try new activities and say why they like some more than others.</li> <li>Handles equipment and tools effectively, including pencils for writing.</li> <li>Moves confidently in a range of ways, safely negotiating space.</li> </ul>	<u>Key Vocabulary</u>	Look, watch, sight, hear, listen, run, direction, head up, work together, counting, breathing.
<u>Progression Map Links</u> (Ensure pupils progress & move forward throughout their primary school years)	<ul style="list-style-type: none"> <li>Runs skilfully and negotiates spaces successfully, adjusting speed or direction to avoid obstacles.</li> <li>Shows understanding of the need for safety when tackling new challenges and considers and manages some risks when using equipment.</li> <li>Begins to accept the needs of others and can take turns and share, sometimes with the support of others.</li> <li>Moves freely and with pleasure and confidence in a range of skilful ways.</li> <li>Shows understanding when counting objects to 10 and beginning to count beyond 10.</li> </ul>	<u>Prior Learning Required</u>	<u>EYFS Progression Maps Objectives:</u> <ul style="list-style-type: none"> <li>N/A</li> </ul>
<u>Key Unit Objectives</u> (Key skills addressed to achieve success throughout the unit)	<ul style="list-style-type: none"> <li>Step 1: To move in lots of different ways</li> <li>Step 2: To move into space</li> <li>Step 3: To play games with others</li> <li>Step 4: To use equipment in games</li> <li>Step 5: To keep score</li> </ul>	<u>Resources &amp; Equipment</u>	<ul style="list-style-type: none"> <li>Music player &amp; music</li> <li>Cones</li> <li>Beanbags</li> <li>Marker Spots</li> <li>Bibs</li> </ul>

Key Stage	EYFS	Unit	Me and Myself	
Implementation Phase				
<p><u>National Curriculum Links</u></p>	<ul style="list-style-type: none"> <li>• Understand and follow rules.</li> <li>• Plays cooperatively, taking turns with others.</li> <li>• Can manage their own basic hygiene and personal needs successfully, including dressing.</li> <li>• Knows the importance for good health of physical exercise and a healthy diet.</li> </ul>		<p><u>Key Vocabulary</u></p>	<ul style="list-style-type: none"> <li>• Uniform</li> <li>• Changing</li> <li>• Quickly</li> <li>• PE</li> <li>• Listen</li> <li>• Instructions</li> <li>• Body parts</li> <li>• Direction</li> <li>• Awareness</li> <li>• Heart rate</li> </ul>
<p><u>Progression Map Links</u> (Ensure pupils progress &amp; move forward throughout their primary school years)</p>	<ul style="list-style-type: none"> <li>• Ability to dress themselves with support if necessary.</li> <li>• Moves freely and with pleasure and confidence in a range of skilful ways.</li> <li>• Engages in conversation with others.</li> <li>• Runs skilfully and negotiates spaces successfully, adjusting speed or direction to avoid obstacles.</li> <li>• Ability to link sounds to letters, naming and sounding the letters of the alphabet.</li> </ul>		<p><u>Prior Learning Required</u></p>	<p><u>EYFS Progression Maps Objectives:</u></p> <ul style="list-style-type: none"> <li>• N/A</li> </ul>
<p><u>Key Unit Objectives</u> (Key skills addressed to achieve success throughout the unit)</p>	<ul style="list-style-type: none"> <li>• Step 1: To change into PE kit</li> <li>• Step 2: To listen and respond to instructions</li> <li>• Step 3: To move in different ways</li> <li>• Step 4: To change direction when moving</li> <li>• Step 5: To participate in games</li> </ul>		<p><u>Resources &amp; Equipment</u></p>	<ul style="list-style-type: none"> <li>• Marker cones</li> <li>• Marker spots</li> <li>• Music player &amp; music</li> <li>• Various size balls</li> <li>• Beanbags</li> <li>• Quoits</li> </ul>

Key Stage	EYFS	Unit	Movement Development
Implementation Phase			
<p><u>National Curriculum Links</u></p>	<ul style="list-style-type: none"> <li>Shows good control and co-ordination in large and small movements</li> <li>Moves confidently in a range of ways, safely negotiating space.</li> <li>Knows the importance for good health of physical exercise and a healthy diet.</li> <li>Can manage their own basic hygiene and personal needs successfully, including dressing.</li> <li>Confident to try new activities and say why they like some more than others.</li> <li>Understand and follow rules.</li> </ul>	<p><u>Key Vocabulary</u></p>	<p>Control, coordination, movements, fluently, slow, fast, high, low, backwards, sideways, free, creative, walk, run, awareness, space.</p>
<p><u>Progression Map Links</u> (Ensure pupils progress &amp; move forward throughout their primary school years)</p>	<ul style="list-style-type: none"> <li>Travels with confidence and skill in a range of movements when using equipment.</li> <li>Shows understanding of the need for safety when tackling new challenges and considers and manages some risks.</li> <li>Moves freely and with pleasure and confidence in a range of skilful ways.</li> <li>Runs skilfully and negotiates spaces successfully, adjusting speed or direction to avoid obstacles.</li> </ul>	<p><u>Prior Learning Required</u></p>	<p><u>EYFS Progression Maps Objectives:</u></p> <ul style="list-style-type: none"> <li>N/A</li> </ul>
<p><u>Key Unit Objectives</u> (Key skills addressed to achieve success throughout the unit)</p>	<ul style="list-style-type: none"> <li>Step 1: To move and balance in different ways</li> <li>Step 2: To move, on, over and under equipment</li> <li>Step 3: To play imagination games</li> <li>Step 4: To move into space</li> <li>Step 5: To take part in races and tag games</li> </ul>	<p><u>Resources &amp; Equipment</u></p>	<ul style="list-style-type: none"> <li>Cones</li> <li>Marker spots</li> <li>Hoops</li> <li>Beanbags</li> <li>Large &amp; small balls</li> <li>Apparatus</li> <li>Bibs</li> </ul>

Key Stage	EYFS	Unit	Throwing & Catching
<b>Implementation Phase</b>			
<u>National Curriculum Links</u>	<ul style="list-style-type: none"> <li>• Can manage their own basic hygiene and personal needs successfully, including dressing.</li> <li>• Shows good control and co-ordination in large and small movements.</li> <li>• Handles equipment and tools effectively, including pencils for writing.</li> <li>• Plays cooperatively, taking turns with others.</li> <li>• Understand and follow rules.</li> <li>• Confident to try new activities and say why they like some more than others.</li> </ul>	<u>Key Vocabulary</u>	<ul style="list-style-type: none"> <li>• Throw</li> <li>• Catch</li> <li>• Watch</li> <li>• Aim</li> <li>• Target</li> <li>• Hands ready</li> <li>• Roll</li> <li>• Kick</li> <li>• Bounce</li> <li>• Count</li> </ul>
<u>Progression Map Links</u> (Ensure pupils progress & move forward throughout their primary school years)	<ul style="list-style-type: none"> <li>• Showing increased control when catching a ball.</li> <li>• Shows increasing control over an object, pushing, pasting, throwing, catching, or kicking it.</li> <li>• Moves freely and with pleasure and confidence in a range of skilful ways.</li> <li>• Able to respond to simple instructions, showing a good understanding of safety when using tools and equipment.</li> </ul>	<u>Prior Learning Required</u>	<p><b><u>EYFS Progression Maps Objectives:</u></b></p> <ul style="list-style-type: none"> <li>• N/A</li> </ul>
<u>Key Unit Objectives</u> (Key skills addressed to achieve success throughout the unit)	<ul style="list-style-type: none"> <li>• Step 1: To move around without a ball</li> <li>• Step 2: To move with a ball</li> <li>• Step 3: To explore different body parts to move the ball</li> <li>• Step 4: To explore how the ball moves</li> <li>• Step 5: To play command games</li> </ul>	<u>Resources &amp; Equipment</u>	<ul style="list-style-type: none"> <li>• Balls</li> <li>• Cones</li> <li>• Beanbags</li> <li>• Hoops</li> <li>• Marker Spots</li> </ul>

Key Stage	EYFS	Unit	Working with Others
Implementation Phase			
<p><u>National Curriculum Links</u></p>	<ul style="list-style-type: none"> <li>• Can manage their own basic hygiene and personal needs successfully, including dressing.</li> <li>• Shows good control and co-ordination in large and small movements.</li> <li>• Handles equipment and tools effectively, including pencils for writing.</li> <li>• Work as part of a team.</li> <li>• Understand and follow rules.</li> </ul>	<p><u>Key Vocabulary</u></p>	<ul style="list-style-type: none"> <li>• Throw</li> <li>• Catch</li> <li>• Watch</li> <li>• Aim</li> <li>• Target</li> <li>• Hands ready</li> <li>• Roll</li> <li>• Kick</li> <li>• Bounce</li> <li>• Count</li> </ul>
<p><u>Progression Map Links</u> (Ensure pupils progress &amp; move forward throughout their primary school years)</p>	<ul style="list-style-type: none"> <li>• Can play in a group.</li> <li>• Begins to accept the needs of others and can take turns and share, sometimes with the support of others.</li> <li>• Keeps play going by responding to what others are saying or doing.</li> <li>• Runs skilfully and negotiates spaces successfully, adjusting speed or direction to avoid obstacles.</li> </ul>	<p><u>Prior Learning Required</u></p>	<p><u>EYFS Progression Maps Objectives:</u></p> <ul style="list-style-type: none"> <li>• N/A</li> </ul>
<p><u>Key Unit Objectives</u> (Key skills addressed to achieve success throughout the unit)</p>	<ul style="list-style-type: none"> <li>• Step 1: To play games with others.</li> <li>• Step 2: To share and be kind to each other.</li> <li>• Step 3: To run into space, avoiding obstacles.</li> <li>• Step 4: To take turns playing different roles and using different equipment.</li> <li>• Step 5: To play games in pairs and groups.</li> </ul>	<p><u>Resources &amp; Equipment</u></p>	<ul style="list-style-type: none"> <li>• Balls</li> <li>• Cones</li> <li>• Beanbags/quoits</li> <li>• Hoops</li> <li>• Marker Spots</li> </ul>