

PE Overview (2-year rolling programme)

The national curriculum for physical education aims to ensure all pupils:

- develop competence to excel in various physical activities.
- are physically active for sustained periods of time.
- engage in healthy, competitive sports and activities.
- lead healthy, active lifestyles.

Children of all abilities will be encouraged to join clubs and organisations with the aim of extending their interest and involvement in sport. We will also encourage children to develop their creative and expressive abilities, through improvisation and problem-solving.

Children who are taught to appreciate the importance of a healthy and fit body begin to understand those factors which affect health and fitness. Our aim to raise children's awareness in this regard is therefore aligned with the school's policy on Personal, Social and Health Education (PSHE).

Through the Government Funding for Sport the school will, where possible, provide sustainable opportunities for both pupils and teachers to work with and alongside PE specialists and sports coaches. The aim is to enhance specialist and coaching facilities and to develop the skills and expertise of staff to provide better coaching, mentoring and advice to pupils across the whole PE and sport spectrum.

	Block 1	Block 2	Block 3	Block 4	Block 5	Block 6
EYFS	Me and Myself	Movement and Development	Throwing and Catching	Ball Skills	Fun and Games	Working with Others
					Maypole Dancing	
Yr 1/2 A Y2 LTP	Hockey	Dodgeball	Badminton	Orienteering	Maypole Dancing	Athletics
	Tag Rugby	Gymnastics 1	Dance	Gymnastics 2	Basketball	Cricket
Yr 1/2 B Y1 LTP	Handball	Dance	Golf	Orienteering	Maypole Dancing	Athletics
	Football	Gymnastics 1	Tennis	Gymnastics 2	Netball	Rounders
Yr 3/4 A Y4 LTP	Hockey	Dodgeball	Badminton	Orienteering	Maypole Dancing	Athletics
	Tag Rugby	Gymnastics 1	Dance	Gymnastics 2	Basketball	Cricket
Yr 3/4 B Y3 LTP	Handball	Dance	Golf	Orienteering	Maypole Dancing	Athletics
	Football	Gymnastics 1	Tennis	Gymnastics 2	Netball	Rounders
Yr 5/6 A Y6 LTP	Hockey/ Swimming	Dodgeball/ Swimming	Badminton/ Swimming	Orienteering/ Swimming	Maypole Dancing	Athletics
	Tag Rugby	Gymnastics 1	Dance	Gymnastics 2	Basketball	Cricket
Yr 5/6 B Y5 LTP	Handball/ Swimming	Dance/ Swimming	Golf/ Swimming	Orienteering/ Swimming	Maypole Dancing	Athletics
	Football	Gymnastics 1	Tennis	Gymnastics 2	Netball	Rounders

Coaches	Class Teachers
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