

PSHE Overview (2-year rolling programme)

For PSHE, we use the SCARF scheme of work. SCARF's whole-school approach supports primary schools in promoting positive behaviour, mental health, wellbeing, resilience and achievement. SCARF supports great learning every day. SCARF represents our values for children of Safety, Caring, Achievement, Resilience and Friendship. SCARF meets all the DfE requirements for statutory Relationships and Health Education, and is mapped to the PSHE Association's Programme of Study.

	Block 1	Block 2	Block 3	Block 4	Block 5	Block 6
EYFS	Me and my Relationships <ul style="list-style-type: none"> All about me What makes me special Me and my special people Who can help me? My feelings 1 My feelings 2 	Valuing Difference <ul style="list-style-type: none"> I'm special, you're special Same and different Same and different families Same and different homes Kind and caring 1 Kind and caring 2 	Keeping Myself Safe <ul style="list-style-type: none"> What's safe to go onto my body What's safe to go into my body Safe indoors and outdoors Listening to my feelings 1 Keeping safe online People who help to keep me safe. 	Rights & Responsibilities <ul style="list-style-type: none"> Looking after my special people Looking after my friends Being helpful at home and caring for our classroom Caring for our world Looking after money 1 Looking after money 2 	Being my Best <ul style="list-style-type: none"> Bouncing back when things go wrong Yes, I can! Healthy eating 1 Healthy eating 2 Move your body A good night's sleep 	Growing and Changing CWP Curriculum: Family and Friendship
Yr 1/2 A	Me and my Relationships <ul style="list-style-type: none"> Why we have classroom rules Thinking about feelings Our feelings Feelings and bodies Our special people balloons Good friends How are you listening? 	Valuing Difference <ul style="list-style-type: none"> Same or different? Unkind, tease or bully? Harold's school rules Who are our special people? It's not fair! 	Keeping Myself Safe <ul style="list-style-type: none"> Healthy me Super sleep Who can help? 1 Harold loses Geoffrey What could Harold do? Good or bad touches? 	Rights & Responsibilities <ul style="list-style-type: none"> Harold's wash and brush up Around and about the school Taking care of something Harold's money How should we look after our money? Basic first aid 	Being my Best <ul style="list-style-type: none"> I can eat a rainbow Eat well Catch it! Bin it! Kill it! Harold learns to ride his bike Pass on the praise! Harold has a bad day 	Growing and Changing YEAR 1 CWP Curriculum: Growing and caring for ourselves YEAR 2 CWP Curriculum: Differences
Yr1/2 B	Me and my Relationships <ul style="list-style-type: none"> Our ideal classroom 1 Our ideal classroom 2 How are you feeling today? Bullying or teasing? Don't do that! Types of bullying Being a good friend Let's all be happy! 	Valuing Difference <ul style="list-style-type: none"> What makes us who we are How do we make others feel? My special people When someone is feeling left out An act of kindness Solve the problem 	Keeping Myself Safe <ul style="list-style-type: none"> Harold's picnic How safe would you feel? What should Harold say? I don't like that! Fun or not? Should I tell? Some secrets should never be kept 	Rights & Responsibilities <ul style="list-style-type: none"> Getting on with others When I feel like erupting Feeling safe How can we look after our environment? Harold saves for something special Harold goes camping Harold goes camping 	Being my Best <ul style="list-style-type: none"> You can do it! My day Harold's postcard – helping us to keep clean and healthy Harold's bathroom My body needs... What does my body do? 	

<p>Yr 3/4 A</p>	<p>Me and my Relationships</p> <ul style="list-style-type: none"> As a rule My special pet Tangram team challenge Looking after our special people How can we solve this problem? Dan's dare Thunks Friends are special 	<p>Valuing Difference</p> <ul style="list-style-type: none"> Family and friends My community Respect and challenge Our friends and neighbours Let's celebrate our differences Zeb 	<p>Keeping Myself Safe</p> <ul style="list-style-type: none"> Safe or unsafe? Danger or risk? The Risk Robot Alcohol and cigarettes: the facts Super searcher None of your business! Raisin challenge 1 Help or harm? 	<p>Rights & Responsibilities</p> <ul style="list-style-type: none"> Our helpful volunteers Helping each other to stay safe Recount task Harold's environmental project Can Harold afford it? Earning money 	<p>Being my Best</p> <ul style="list-style-type: none"> Derek cooks dinner! Poorly Harold For or against? I am fantastic! Getting on with your nerves! Body team work Top talents 	<p>Growing and Changing</p> <p>Year 3 <i>CWP Curriculum: Valuing difference and keeping safe</i></p> <p>Year 4 <i>CWP Curriculum: Growing up</i></p>
<p>Yr 3/4 B</p>	<p>Me and my Relationships</p> <ul style="list-style-type: none"> An email from Harold OK or not OK? 1 OK or not OK? 2 Human machines Different feelings When feelings change Under pressure 	<p>Valuing Difference</p> <ul style="list-style-type: none"> Can you sort it? Islands Friend or acquaintance? What would I do? The people we share our world with That is such a stereotype! 	<p>Keeping Myself Safe</p> <ul style="list-style-type: none"> Danger, risk or hazard? Picture Wise How dare you! Medicines: check the label Know the norms Keeping ourselves safe Raisin challenge 2 	<p>Rights & Responsibilities</p> <ul style="list-style-type: none"> Who helps us stay healthy and safe? It's your right How do we make a difference? In the news! Safety in numbers Logo quiz Harold's expenses Why pay taxes? 	<p>Being my Best</p> <ul style="list-style-type: none"> What makes me ME? Making choices SCARF Hotel Harold's Seven Rs My school community 1 Basic first aid 	
<p>Yr 5/6 A</p>	<p>Me and my Relationships</p> <ul style="list-style-type: none"> Collaboration Challenge! Give and take How good a friend are you? Relationship cake recipe Being assertive Our emotional needs Communication 	<p>Valuing Difference</p> <ul style="list-style-type: none"> Qualities of friendship Kind conversations Happy being me The land of the red People Is it true? It could happen to anyone 	<p>Keeping Myself Safe</p> <ul style="list-style-type: none"> Thinking about habits Jay's dilemma Spot bullying Ella's diary dilemma Decision dilemmas Play, like, share Drugs: true or false? Smoking: what is normal? Would you risk it? 	<p>Rights & Responsibilities</p> <ul style="list-style-type: none"> What's the story? Fact or opinion? Rights, responsibilities and duties Mo makes a difference Spending wisely Lend us a fiver! Local councils 	<p>Being my Best</p> <ul style="list-style-type: none"> Getting fit It all adds up! Different skills My school community 2 Independence and responsibility Star qualities? Basic first aid 	<p>Growing and Changing</p> <p>Year 5 <i>CWP Curriculum: Puberty</i></p> <p>Year 6 <i>CWP Curriculum: Puberty, relationships and reproduction</i></p>
<p>Yr 5/6 B</p>	<p>Me and my Relationships</p> <ul style="list-style-type: none"> All about me What makes me special Me and my special people Who can help me? My feelings 1 	<p>Valuing Difference</p> <ul style="list-style-type: none"> I'm special, you're special Same and different Same and different families 	<p>Keeping Myself Safe</p> <ul style="list-style-type: none"> What's safe to go onto my body What's safe to go into my body Safe indoors and outdoors 	<p>Rights & Responsibilities</p> <ul style="list-style-type: none"> Looking after my special people Looking after my friends Being helpful at home and 	<p>Being my Best</p> <ul style="list-style-type: none"> Bouncing back when things go wrong Yes, I can! Healthy eating 1 Healthy eating 2 	

	<ul style="list-style-type: none"> My feelings 2 	<ul style="list-style-type: none"> Same and different homes Kind and caring 1 Kind and caring 2 	<ul style="list-style-type: none"> Listening to my feelings 1 Keeping safe online People who help to keep me safe. 	<ul style="list-style-type: none"> caring for our classroom Caring for our world Looking after money 1 Looking after money 2 	<ul style="list-style-type: none"> Move your body A good night's sleep 		
	Year 6 visit to Warning Zone Safety Zones: <ol style="list-style-type: none"> Fire risk in the home Electricity and building sites Alcohol and anti-social behaviour Personal safety Risk around water Arson and criminal damage Road safety Risk around railways 			E-safety Zone Subjects discussed in the E-Safety Zone include: <ul style="list-style-type: none"> Online grooming Cyber bullying & trolling Protecting personal information Sharing images and digital footprints Online phishing (scamming) Internet terms and what they mean (E.g. cookies, virus) The importance of having a trusted adult to talk to 			

Relationships and Sex Education

The core content of our Relationships and Sex Education teaching comes in **Block 6: Growing and Changing**

We use the CWP scheme of work which forms a spiralling curriculum of Relationships and Sex Education as our children progress through the school. On the whole, the Sex Education element of our scheme of work is in line with the statutory science curriculum, whilst lessons on puberty form part of statutory Health Education. The exception would be sessions in Year 6 which include age-appropriate discussions on adult sexuality and how a baby is conceived and born - parents have the right to excuse their children from these particular lessons and a proforma is available upon request.

